

Breastfeeding Report Card

Department of Health and Human Services Center for Disease Control and Prevention (CDC)

The U. S. National Immunization Survey provides the source data for the *Breastfeeding Report Card – United States, 2007*. The *Report Card* has five “outcome” indicators that are derived from *Healthy People 2010*, a description of the nation’s health priorities. The *Report Card* also provides data on eight “process” indicators considered to be elements of breastfeeding-friendly communities.

As part of the *Breastfeeding Report Card*, each individual state has a State Profile. That profile gives specific information about each of the “indicators” from the Report Card for that state. These indicators are measures of a state’s ability to protect, promote, and support breastfeeding. The Profile also provides contact information for the state’s breastfeeding coordinator and the state’s breastfeeding coalition.

States are encouraged to use data in the *Breastfeeding Report Card*:

- to help tell the story of breastfeeding
- to celebrate state successes
- to identify good opportunities for growth and improvement in breastfeeding protection, promotion, and support statewide

In Nebraska, the *Report Card* can provide focus for Coalition activities by offering measurable baselines for outcome and process indicators that will be tracked over time by the CDC.

2007 Breast Feeding Report Card Results

Outcome Indicators (from Healthy People 2010 Goals)	Nebraska	US	Goal
Children ever breastfed	79.3%	73.8%	75%
Children breastfed at 6 months of age	47.6%	41.5%	50%
Children breastfed at 12 months of age	21.8%	20.9%	25%
Children exclusively breastfed through 3 months of age	31.7%	30.5%	60%
Children exclusively breastfed through 6 months of age	9.8%	11.3%	25%

In the *2007 Report Card*, eight process indicators can be compared across all states.

Process Indicators	Nebraska	US
Number of facilities designated as Baby-Friendly	1	N/A
Percentage of live births in the state at Baby-Friendly facilities	13.54%	3.31%
Number of International Board Certified Lactation Consultants (IBCLCs)	42	N/A
Number of International Board Certified Lactation Consultants per 1000 live births	1.61/1000	2.12/1000
Number of La Leche League groups	20	N/A
Number of La Leche League mother-to-mother groups per 1,000 live births	0.76/1000	0.35/1000
Legislation about breastfeeding in public places	None in Nebraska	In 46 states
Legislation about lactation and employment	None in Nebraska	In 15 states
Number of state health dept. FTEs dedicated to breastfeeding	0.5	80.66
State Breastfeeding Coalition	None in Nebraska	Active in 42 states
State Breastfeeding Website	None in Nebraska	Active in 33 states